

Progress Notes

JANUARY
2021

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2021 Medical Staff Officers and Department Chiefs



Vinh Cam, M.D.
Chief of Staff



Eric Milefchik, M.D.
Vice Chief of Staff



Oren Zaidel, M.D.
Secretary/Treasurer



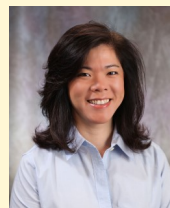
Thomas Simko, M.D.
Past Chief of Staff



Rashaan Ali-Jones, M.D.
Member-at-Large



Scott Swenson, M.D.
Member-at-Large



Aileen Takahashi, M.D.
Member-at-Large



Roger Hong, M.D.
Anesthesia



Gina Sulmeyer, M.D.
Emergency Medicine



Daniel Harvey, M.D.
Family Practice



Victoria Shin, M.D.
Medicine



Latrice Allen, M.D.
OB/GYN



John Blakey, M.D.
Pathology



Steven Jensen, M.D.
Pediatrics



Amanda Murphy, M.D.
Radiology



Son Nguyen, M.D.
Surgery

Medical Executive Committee Approvals

Items approved at the last Medical Executive Committee meeting can be viewed by using this website link and selecting the particular month: http://www.torrancememorial.org/For_Physicians/Medical_Staff/MEC_Approval.aspx .

If you have any questions, please contact the Medical Staff Services Department at (310) 517-4616.

Scheduling 2nd shot of COVID-19 Vaccine

For any physician or employee who received the first shot of the COVID-19 vaccine and **have not** yet registered for your second shot, please contact Leah.Romine@tmmc.com or Christopher.Bacon@tmmc.com immediately.

We have heard from many people already and if you have already contacted Leah or Christopher regarding scheduling of the second shot, please do not respond to this email.

In your email, please include the following information:

1. First and last name
2. Date of birth
3. First-shot COVID-19 vaccination date
4. Call back number

It's imperative you receive the second shot of the COVID-19 vaccine to complete the two-shot series. Your second shot needs to be 21 ± 2 days from your first inoculation.

Medical Board of California



MEDICAL BOARD OF CALIFORNIA

Protecting consumers by advancing high quality, safe medical care.

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Gavin Newsom, Governor, State of California | Business, Consumer Services and Housing Agency | Department of Consumer Affairs

Notice Regarding COVID-19 Vaccine Administration

Thank you for your continued hard work and dedication on the front lines during this pandemic. Your resolve to care for your patients is saving lives and we are grateful for your unwavering commitment to those you serve every day.

As the COVID-19 vaccines are distributed, the Medical Board of California is supporting the State's effort to ensure that all providers follow the standards for allocating and administering COVID-19 vaccines. In particular, Medical Board of California licensees must adhere to the current federal and state prioritization standards for allocating and administering COVID-19 vaccines in phases. The standards are available on the California Department of Public Health's website at the following link:

<https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/Drafting-Guidelines-Workaroup.aspx>

The Emergency Use Authorizations for the Pfizer-BioNTech COVID-19 vaccine and the Moderna COVID-19 vaccine issued by the federal Food and Drug Administration, and the Centers for Disease Control and Prevention's (CDC) vaccine provider agreement, each require vaccine administrators to comply with CDC vaccine management requirements, including prioritization recommendations. Additionally, to receive the vaccine, vaccination providers must enroll in the CDC's COVID-19 Vaccination Program and must sign and agree to the conditions in the CDC COVID-19 Vaccination Program Provider Agreement, which prohibits selling or seeking reimbursement for the vaccine and requires adherence to the federal prioritization recommendations.

There may be circumstances where COVID-19 vaccine may need to be redistributed. In these instances, vaccination providers may be allowed or required to redistribute vaccine, as approved by the Local Health Officer and the California Department of Public Health (CDPH).

Licensees must adhere to the vaccine requirements, and failure to do so, including distribution or administration of vaccine doses contrary to the phase structure identified in the federal and state guidelines, may subject them to discipline, up to and including revocation of licensure.

The CDPH will also be working with local health departments on compliance measures related to improper administration of the vaccine, including potential disenrollment from the COVID-19 Vaccination Program and/or CalVAX, thus preventing the ordering of additional COVID-19 vaccines and redistribution of COVID-19 vaccines to other compliant vaccination providers.

Medical Board of California

Notice Regarding COVID-19 Vaccine Administration
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The intent of this communication is meant to bring awareness of these standards to healthcare providers as we work together in responding to this unprecedented healthcare crisis. As updated information regarding distribution and administration is released, the Medical Board of California will continue to share information with you. Licensees are also encouraged to stay up to date on the COVID-19 allocation standards by checking back regularly at the website above.

Physician Support Group

PHYSICIAN WELL BEING: PROMOTING SELF CARE AND AVOIDING BURNOUT
Moe Gelbart, PhD, Director of Behavioral Health

Thank you for all you do. The last ten months have verified and magnified what our community has always known about all of you. You have demonstrated your dedication, determination, sacrifice, knowledge, and caring in coping with this pandemic, and the South Bay is eternally grateful to all of you. Being a physician has always been a stressful profession, with high rates of burnout, depression, post-traumatic stress disorder, and suicide. Taking care of patients during Covid-19 has taken a tremendous toll on many. Having to see so many sick patients, more deaths than ever imagined, supply issues, long, painful hours, and caring for people without their family present can have an emotional toll. Fear and anxiety about one's own health, or about bringing the illness home to family and children, is another source of concern. As the expert, friends, family, neighbors reach out to you with their concerns and questions, and you willingly help those who ask. As Dr. Timothy McDonald writes in the New England Journal of Medicine, "clinicians have been taught that self-care is selfish. The culture of medicine reinforces the belief that physical and emotional exhaustion is part of the job. Although meant to be appreciative, messages depicting physicians as heroes implies an expectation of personal sacrifice at all costs." With all that, it is essential that you not only take care of all those around you, but that you take care of yourself, emotionally and physically. The first step is in embracing and honoring your feelings, and not to suffer in silence if you have concerns. Many physicians feel that since they are the caretakers, they should appear "strong" and not show feelings or vulnerability, thereby reinforcing the notion of professional stigma for seeking any kind of relief or help. Following are some guidelines for self-care:

1. Pay attention to, and accept your feelings. Find one or two people in your life you can trust will listen, and not judge you, and be open with them. Repressing negative feelings distort and magnify them.
2. Recognize your self-talk, self-narratives, and work to change negative thinking. I work with people to change "what if", which is about catastrophizing into the future, into "what is" which allows you to focus on the present and deal with things you have control of.
3. Establish some form of mindfulness or meditation practice. The benefits of even several minutes a day are tremendous, and you can utilize any of the popular apps like Headspace (which offers free subscriptions to physicians) or Calm.
4. Insure you maintain good sleep hygiene; good, healthy diet; and some form of exercise daily.
5. Avoid use of alcohol or drugs to manage moods or self-medicate concerns or anxiety.

We have several programs at Torrance Memorial which are available to you.

1. **PHYSICIAN COVID SUPPORT GROUP.** This group meets via Zoom on the first and third Thursday of the month, at 7 AM, and is facilitated by Dr. Moe Gelbart, Director of Behavioral Health. It is an opportunity to share feelings, concerns, and issues with your peers. It is a confidential space to help cope with these difficult times. I encourage you to attend, even if you feel you are handling things well, as you can provide much needed support and reflection for your colleagues. The feedback to date has been extremely positive. Here is the link to the zoom meeting <https://tmmc.zoom.us/j/97785695139>
2. **PHYSICIAN ASSISTANCE PROGRAM.** Through the Medical Staff, free, individual, confidential counseling is available for everyone on staff. Up to five visits are available through this program. The program provides assistance for any personal, or work related concerns that you would like to discuss, or get help with. You can reach Dr. Gelbart at 310-257-5751 or moe.gelbart@tmmc.com.
3. **SUPPORT OUR STAFF (S.O.S).** Informal emotional support program for all staff who are experiencing difficulty coping with a situation. The circumstance may be related to work or home and SOS is intended to provide confidential and timely support. To speak to a SOS provider please call 310 997 7444 or X79100 to speak with the nursing house supervisor who will find you an SOS peer supporter.

Again, we are all grateful for the incredible care you provide to the community. Please take the steps to make sure you are taking care of yourselves as well.

Medical Staff Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
28	29	30	31	1 
4 12:30p Cardiology	5 8:00a TCU 12:30p Infectn Prev/P&T 1:00p Bioethics CritCare Triage	6 7:00a CV Review Conf	7 7:00a Breast Tumor Board 7:45a Gen Tumor Board	8 7:00a Lung Tumor Board 7:00a Robotic Surg Comm 7:30a IRB
11 12:30p Credentials	12 12:30p Bioethics Comm	13 7:00a Anesthesia Dept 7:00a CV Review Conf 7:00a Oncology CME Subcmtee 12:00p Medicine Dept 12:30p Interdisciplinary Practice	14 7:00a Breast Tumor Board. 7:45a GI Tumor Board 7:00a Cardiothoracic Surgery 11:30a Health Info Mgmt 12:30p Pediatric PI	15 7:00a Gastroenterology 7:00a Lung Tumor Board 7:00a Surgery Advisory Comm
18 12:00p Burn & Wound Surg.	19 12:30p EDIE Patient Care	20 7:00a CV Review Conf	21 7:00a Breast Tumor Board 7:00 Cardiac M&M 7:45a CNS Tumor Board 8:00a Hunt Cancer Steering Cmtee 9:00a Emergency Dept 12:30p Pediatric Dept 1:00p C-Section	22 7:00a General Surg Subc 7:00a Lung Tumor Board
25 4:00p Bariatric Surgery	26 7:00a Oncology 12:30p Medical Staff IT 12:30p OB/GYN Dept 12:30p Utilization Mgmt	27 7:00a CV Review Conf 8:00a Cardiology PI 12:30p Antibiotic Stewardship	28 7:00a Breast Tumor Board 7:30a Family Practice 7:45a GI Tumor Board 12:30p Credentials 12:30p Stroke	29 7:00a Lung Tumor Board

CME CONFERENCES



Wednesdays, 12:30 p.m.
Hoffman Health Conference Center

Torrance Memorial Medical Center is accredited by the Institute for Medical Quality/California Medical Association (IMQ/CMA) to provide continuing medical education for physicians.

Torrance Memorial Medical Center designates this live activity for a maximum of 1 *AMA PRA Category I Credit*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

For up-to-the-minute conference information call (310) 784-8776 or visit: http://www.torrancememorial.org/For_Physicians/Wednesday_CME_Conferences.aspx

January 6, 2021
 NO CONFERENCE

January 13, 2021
 “Implicit Bias in Medicine”
 Clinton Coil, M.D.
 Harbor-UCLA Medical Center
 Commercial Support: None

January 20, 2021
 NO CONFERENCE

January 27, 2021
 “Culture Sensitivity & Healthcare Decision-Making”
 Amy DeBaets, Ph.D., Th.M.
 Hackensack University Medical Center
 Commercial Support: None

February 3, 2021
 “Social Determinants in Health”
 Dora Hughes, M.D., MPH
 The George Washington University
 Commercial Support: None

February 10, 2021
 NO CONFERENCE

February 17, 2021
 “Wellness with Diabetes Integrative Perspective”
 Nicole Alexander-Spencer, M.D.
 Torrance Memorial Medical Center
 Commercial Support: None

February 24, 2021
 NO CONFERENCE

Welcome New Practitioners



Azadeh Farin, M.D.
Surgery
Neuroscience Clinic
1050 Linden Ave
Long Beach, CA 90813
Phone: (562) 491-9270
Fax: (562) 491-7985



Marissa A. Schwartz, M.D.
Surgery
Southern California Ear Nose and Throat
433 E. Wardlow Rd.
Long Beach, CA 90807
Phone: (562) 427-0550
Fax: (562) 988-8899



Jayson A. Weir, M.D.
Medicine
3330 Lomita Blvd. TMHA 1st Fl
Torrance, CA 90505
Phone: (310) 891-6623
Fax: (310) 891-6673



Daniel S. Vitantonio, M.D.
Medicine
Real Time Neuromonitoring Associates of
CA, PC
336 22nd Ave. N.
Nashville, TN 37203
Phone: (615) 346-8182
Fax: (615) 829-8950



Kavya M. Reddy, M.D.
Medicine
UCLA South Bay GI & Pain
2780 Skypark Dr Ste 125
Torrance, CA 90505
Phone: (310) 530.8013
Fax: (310) 530-8014

Physician/AHP Roster Updates

Address Change

Gladys E. Palomeno, M.D.
28633 S. Western Ave. Ste
202
RPV, CA 90275
Phone: (424) 264-5286
Fax: (424) 264-5409

George J. Rederich, M.D.
Medicine
23430 Hawthorne Blvd.
#320, Building 3
Torrance, CA 90505

Phone/Fax Change

Richard M. Butlig, M.D.
Medicine
Phone: (310) 373-7855

Resignation

Brittany A. Bellows, P.A.
Surgery

Reece R. Doughty, M.D.
Medicine

Todd M. Gerlach, M.D.
Surgery

Nisha R., Wadhwa, M.D.
Pediatrics

Retired

Marc F. Colman, M.D.
Surgery

Aqdas S. Kuraishi, M.D.
Family Practice

Patricia E. Sacks, M.D.
Radiology

Bernard L. Ullman, M.D.
Medicine

The Medical Staff Newsletter **ProgressNotes** is published monthly for the Medical Staff of Torrance Memorial Medical Center.

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Vice President, Medical Staff Services & Performance Improvement

A.Klecker-01/2018

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